



Tumbling Fun

TWO LEVELS OF TUMBLING FUN!

BEGINNER LEVEL will learn all the terms for the skills we will be learning and how to be safe while tumbling. We will be learning fun things from forward rolls, cart wheels, handstands and everything in between. The best part is all the fun we'll have together! *(Maximum is 10 Registrants)*

INTERMEDIATE LEVEL classes we will keep working on learning new skills, building strength and flexibility. Some skills we will work on will be bridge kick overs and back walk overs, dive rolls & more. We ask that child be able to do a cart wheel, handstand & back bend to the floor or a standing bridge. *(Maximum is 12 Registrants)*

Instructor evaluations will be conducted as needed for older children to make sure they are in the best class for their ability level. Participants should wear shorts and t-shirt or a gymnastics leotard. Hair must be pulled up in a bun or ponytail. No socks - Bare feet on the mats.

These are non-competitive classes and all are welcome!!

FALL SESSION 2018

October 8th - December 11th *(10 weeks - No Class Tues Nov. 6th)*

BEGINNERS TUMBLING: Ages 5 - 6 Tuesdays 4:00 pm - 5:00 pm

BEGINNERS TUMBLING: Ages 7 - 12 Tuesdays 5:00 pm - 6:00 pm

INTERMEDIATE TUMBLING: Ages 8 - 12 Mondays 4:30 pm - 5:30 pm

Location: Community Center, 321 Seventh Avenue

Instructor: Jennifer Lex

Fee: \$75/ Resident \$80/ Non-Resident

- Tumbling Fun -

Child Name: _____ Age: _____ Child Birthdate: _____

Parent/Guardian Name: _____

Address: _____

Town, State, Zip code: _____

Phone: _____ Email: _____

Phone Number and E-mail Address are used only for notification of class changes, cancellations, etc.

BEGINNER Ages 5-6 *(Tues 4-5)* **BEGINNER Ages 7-12** *(Tues. 5-6)* **INTERMEDIATE Ages 8-12** *(Mon. 4:30-5:30)*

FALL SESSION 2018 - TUMBLING FUN - Class Code: 152

ONLINE REGISTRATION AND CREDIT CARD PAYMENTS NOW AVAILABLE! Information can be found on the Borough's Website at www.haddonhts.com/programs. You can also pay with credit card over the phone by calling the Borough Hall Mon-Fri 9am-5pm at 856-547-7164 ex 3. There will be an additional 2.95% service fee on all credit card payments. Any questions please contact the Program Coordinator at 856-546-2585 or ProgramCoordinator@haddonhts.com.

Checks can be made payable to: Borough of Haddon Heights and mailed or dropped off at the Borough Hall ATTN: Programs, 625 Station Avenue, Haddon Heights, NJ 08035

QUESTIONS? 856-546-2585 or ProgramCoordinator@haddonhts.com