



SUMMER 2018

Registration Information

- You should consult your physician or other health care professional before beginning any exercise or fitness program.
- You must fill out separate registration forms for each person and each program. Additional forms can be found on our website. (You are able to combine your payment into one check.)
- Please register five days BEFORE the first class is scheduled to start to avoid class cancellations due to low enrollment.
- Programs are filled on a first come, first serve basis. No spots will be held without payment.
- You may register ONLY family members living in the same house to receive resident rate.
- Full payment is due at the time of registration; classes will not be pro-rated if you enroll past start date or for registrants' absence.
- Fees, dates, times and class limits are subject to change. Although we do our best to avoid this, facility availability or unavoidable circumstances may necessitate change.
- We do not confirm registration - We will only contact you if the class is changed or canceled.
- Photographs may be taken during your program. They will be posted on our website or used in borough Publications. You must notify us in writing if you prefer not to be photographed.
- Please be sure to include your e-mail address as we will send out most notifications of location changes and/or cancellations via e-mail.
- NO refunds or transfers will be granted **after 48 hours prior** to the first class.
- We accept Checks or Cash.
- Haddon Heights borough reserves the right to cancel any programs due to insufficient participation. On the occasion a program is canceled, a full refund will be given in the form of a check. Please allow 2-3 weeks for refund. We do not issue cash refunds.

*Community Center, 321 7th Avenue

*Cabin, 600 W. Lippincott Lane

For more information, call 856-546-2585 or
email: programcoordinator@haddonhts.com

PLEASE PRINT! Submit separate registration forms for each person/
program. Make checks payable to Borough of Haddon Heights. Drop
off or mail completed registration and fees to the Borough Hall at least
FIVE DAYS BEFORE a class starts to make sure all classes run.

Borough of Haddon Heights
625 Station Avenue, Haddon Heights, NJ 08035
ATTENTION: Programs

Registration Form

FULL NAME (of Adult Registrant or Parent of Child):

Child's Name & Age (if applicable):

Address:

Town, State, Zip:

Primary Phone:

Email:

Program:

Class Day/Time:

Class Code: _____ Fee: _____

Registration Form

FULL NAME (of Adult Registrant or Parent of Child):

Child's Name & Age (if applicable):

Address:

Town, State, Zip:

Primary Phone:

Email:

Program:

Class Day/Time:

Class Code: _____ Fee: _____

One & Two Week Summer Programs

RISING STARS - 2 Week Program

Children are invited to be "Rising Stars" in The Village Playbox's special 2 week theatrical summer camp program. Participants will learn what it takes to successfully produce a theatrical experience by taking on the responsibilities of actor, dancer, singer, playwright, set designer, and costume designer. All this hard work will culminate in a showcase at the Village Playbox on Sat. Aug. 11, 2018. Each participant will receive 2 complimentary tickets to this final performance and a Rising Stars Camp T-shirt. *(If needed we will add an afternoon session from 1:00 - 4:30 pm)*

Instructor: Village Playbox Staff **Ages:** 8-12

Dates: Mon. July 30st - Fri. August 10th

Time: 8:30 am - 12:00 pm

Final Showcase: Saturday August 11th **Fee:** \$180

Location: COM CTR **Class Code:** 153

LITTLEST CHEFS

The focus of this program is to give parents/caregivers and their tots an opportunity to bond while appreciating the art of cooking. Each week we will feature a specific book to read and prepare food to accompany the book. This is a hands on cooperative learning experience benefiting both parent/caregiver and child.

Instructor: Patrice Leonetti **Ages:** 2-5

JULY: Mon. July 16th - Thurs. July 19th

AUG: Mon. Aug 13th - Thurs. Aug 16th

Time: 12:30 pm - 2:00 pm **Fee:** \$80

Location: COM CTR **Class Code:** 150

KIDS CAN COOK!

This cooking program is designed to teach kids about healthful eating. Children will learn how to make nutritional snacks and meals, using fresh vegetables as well as healthy alternatives to popular favorites. They will also learn how to safely use knives, stove, oven and blender. Each child will earn a certificate and receive a book of all the recipes learned upon completion of the course.

Instructor: Patrice Leonetti **Ages:** 6-12

JULY: Mon. July 16th - Thurs. July 19th

AUG: Mon. Aug 13th - Thurs. Aug 16th

Time: 2:30 pm - 4:00 pm **Fee:** \$80

Location: COM CTR **Class Code:** 150

SNAPOLOGY

JUNIOR ENGINEERS

Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axes while exploring energy, buoyancy, & balance. Classes include free-building time to promote creativity.

Instructor: SNAPOLOGY **Ages:** 3 - 6 (Pre-K - 1st Grade)

Dates: Tues. July 10th - Thurs. July 12th

Time: 8:40 - 11:40 am **Fee:** \$80

Location: BORO HALL AUDITORIUM **Class Code:** 154

SPACE WARS

Robotics inspired by Star Wars® and space travel! Come on an adventure building and programming functional robots using LEGO® bricks in this super-fun program. Learn about space, space travel and of course Star Wars®! Build different robots each day! Learning is enhanced through the use of laptops in this camp!

Instructor: SNAPOLOGY **Ages:** 7 - 14 (Grades 2 - 8)

Dates: Mon. July 9th - Thurs. July 12th

Time: 1:00 - 4:00 pm

Location: CABIN **Fee:** \$150

Class Code: 154

AMUSEMENT PARK ADVENTURE

Join us and get the chance to design your own amusement park in this super fun program! Learn how to use LEGO® bricks and other building materials to make roller coasters and other awesome rides. Do you think you could design the next Disney World?

Instructor: SNAPOLOGY **Ages:** 7 - 14 (Grades 2 - 8)

Dates: Mon. July 16th - Thurs. July 19th

Time: 1:00 - 4:00 pm

Location: CABIN **Fee:** \$150

Class Code: 154

SCIENCE EXPLORERS

FIZZ, BANG, BOOM, BOT

What do you get when you take the physics of motion, add in some electrifying experiments, and mix it up with some chemistry? Everyone has a blast! In our half day camp you'll create your own motorized invention, experiment with light and flight, make your own kaleidoscope and experiment with giant floating bubbles. Please be sure campers bring a snack and drink daily.

Instructor: Science Explorers **Ages:** 7 - 11 years old

Dates: Mon. July 23rd - Thurs. July 26th

Time: 1:00 pm - 4:00 pm

Location: COM CTR **Fee:** \$190

Class Code: 154

JUNIOR EXPLORERS

Do you want to be an archaeologist... a geologist... or how about a biologist? You can be all this and more in this fun-filled camp! Each day we'll explore a new habitat as we dig for dinosaurs in the desert, make creatures of the rainforest, create an arctic home, erupt a volcano, and go spelunking in your own cave creation. There's so much to do in this exciting week of camp. Please be sure campers bring a snack and drink daily.

Instructor: Science Explorers **Ages:** 4 - 6 years old

Dates: Mon. July 23rd - Thurs. July 26th

Time: 1:00 pm - 4:00 pm

Location: CABIN **Fee:** \$190

Class Code: 154

One & Two Week Summer Programs

SUMMER DANCE

Dance to your favorite songs, enjoy themed crafts, & plenty of dance games. Pack your campers a snack & provide us with any information regarding allergies. Dancers are required to wear sneakers and comfortable clothing. There will be a showcase the final day of camp!

Instructor: Samantha Camerota **Ages:** 4+

DESCENDANTS: Mon. June 25th - Fri. June 29th

Time: 12:30 pm - 3:30 pm **Fee:** \$95

TROLLS: Mon. July 9th - Fri. July 13th **Fee:** \$95

Time: 12:30 pm - 3:00 pm **Fee:** \$95

FROZEN: Mon. August 13th - Fri. August 17th

Time: 10:00 am - 12:00 pm **Fee:** \$75

Location (All Dance Classes): COM CTR

All Dance Classes Code: 144

LET'S SEW THE RUNWAY

Let's Sew the Runway is a series of fun classes teaching the fundamental elements of sewing and fashion design. All materials will be provided. No experience necessary. All lessons are geared to the age and the child's level of experience. A loose leaf binder is helpful but not required. Bring a drink & snack.

Instructor: Lotisha Winslow, Burda Certified Instructor

FASHION & SEWING FUNDAMENTALS:

Mon Jul 9th - Fri Jul 13th

LET'S SEW 101: Mon Jul 16th - Fri Jul 20th

SEW MY OWN DESIGN: Mon Jul 23rd - Fri Jul 27th

BACK TO SCHOOL SEWING: Mon Jul 30th - Fri Aug 3rd

DESIGN AND SEW: Mon Aug 6th - Fri Aug 10th

BACK TO SCHOOL SEWING: Mon Aug 13th - Fri Aug 17th

Ages / Times / Fees:

Ages 5 to 8 8:30 am - 10:30 am **Fee: \$150**

Ages 9 to 12 11:00 am - 1:30 pm **Fee: \$210**

Ages 13 to 17 2:00 pm - 4:30 pm **Fee: \$210**

Location: Sew Authentic Studio (918 Kings Highway)

All Sewing Classes Code: 154

Kids & Teens Programs

COLLEGE ESSAY WORKSHOP

Going to College? Looking for help to write an insightful and engaging essay? Join us for a 3 week College Essay Writing Workshop! This workshop will explore what colleges are looking for in admission essays and will help you to brainstorm, write, edit and develop a quality essay to communicate all the necessary information to best showcase you!

Instructor: Dr. Trisha Egbert, Writing & Rhetoric Professor

Monday Evenings 7:30 - 8:30 pm

July 9th - July 23rd (3 Weeks)

\$80/Resident

\$85/Non-Resident

Location: CABIN

Class Code: 148

Kids & Teens Programs

SOCIAL SKILLS PROGRAM **Pending School Board Approval*

This program is designed to give kids the opportunity to learn and practice important social skills such as verbal and nonverbal communication, reading nonverbal cues and facial expressions, taking turns, initiating and maintaining conversations, and cooperation. These skills will be taught and practiced through fun games and activities in a relaxed atmosphere. *If children are coming directly from ESY program please pack a lunch or snack.* Also please make sure to let us know any medical conditions or allergies.

Instructor: Judith Marino **Ages:** Kids Entering 4th - 6th Grades

Dates: Tues. July 9th - Thurs. August 9th

Runs twice a week for 5 Weeks - 10 Classes

Time: 1:00 pm - 2:00 pm

\$50/Residents

\$55/Non-Residents

Location: ATLANTIC AVE. SCHOOL **Class Code: 154**

TUMBLING CLASS

Beginners course in gymnastics. We will be learning fun things from forward rolls to cart wheels & handstands and everything in between.

Intermediate course will keep working on skills learned in beginners class, building strength and flexibility. We ask that each child be able to do a cart wheel, handstand & back bend to the floor or a standing bridge.

These are non-competitive classes and all are welcome! *Participants should wear shorts and t-shirt or leotard. No socks - Bare feet on the mats.*

Instructor: Jennifer Lex

Dates: July 10th - August 30th (8 weeks)

Beginners Tumbling

Ages: 6 - 8

Thursdays 5:00 pm - 6:00 pm

Intermediate Tumbling **Ages: 8 - 12**

Tuesdays 5:00 pm - 6:00 pm

\$75/Resident

\$80/Non-Resident

Location: COM CTR

Class Code: 152

TOT DANCE CLASS

Our Tot Dance Class will introduce the basic styles of Tap, Ballet, & Jazz in one energetic hour. The class will require a leotard, tights, ballet shoes, and tap shoes.

Instructor: Samantha Camerota

Ages: 3-6

Mondays 4:45 - 5:45 pm

July 9th - August 27th (8 weeks)

\$60/Resident (\$50 siblings) \$65/Non-Resident (\$55 siblings)

Location: COM CTR

Class Code: 144

TOT HIP HOP CLASS

Tot Hip Hop Class will introduce the basic styles of hip hop in a fun, upbeat environment. The class will require dancers to wear sneakers.

Instructor: Samantha Camerota

Ages: 3-6

Wednesdays 4:45 - 5:45 pm

July 11th - August 29th (8 weeks)

\$60/Resident (\$50 siblings) \$65/Non-Resident (\$55 siblings)

Location: COM CTR

Class Code: 144

Fitness For All Ages

***NEW!** The Programs Department is excited to announce our new **SENIOR DISCOUNT FOR HADDON HEIGHTS RESIDENTS** (55 and older) on a handful of our Adult Fitness Classes. You will find these new discounted "Senior" Rates listed after the standard Resident Rate below.

If you have any questions about the new senior discount program, please contact the Program Coordinator at email: ProgramCoordinator@HaddonHts.com or call: 856-546-2585.

ZUMBA*

Come join the party! Move fast, have fun & burn lots of calories. ZUMBA is a Latin Flavored dance/fitness program that combines musical rhythms and dance steps to tone and sculpt the entire body.

Instructors: Katia Fernandez & Manuela Saam

Mon. and/or Wed. 6:00 pm - 7:00 pm

Tues. and/or Thurs. 7:30 pm - 8:30 pm

July 9th - September 27th (12 weeks)

1 Class / Week: (12 classes total)

\$60/Resident \$50/Senior \$65/Non-Resident

2 Class / Week: (24 classes total)

\$120/Resident \$100/Senior \$130/Non-Resident

Location: COM CTR **Class Code:** 137

YOGA - VINYASA FLOW*

Connecting movement with breath. An eclectic mixture of physical postures, breath, sound and concentration. Instructor will guide students through a flow of postures that will both challenge and inspire. Please bring a sticky mat & water. Wear loose comfortable clothing.

Instructor: Justine Stahl

Wednesdays 6:00 pm - 7:00 pm

Saturdays 8:00 am - 9:00 am

July 11th - September 29th (12 weeks)

1 Class / Week: (12 classes total)

\$75/Resident \$60/Senior \$80/Non-Resident

2 Classes / Week: (24 classes total)

\$150/Resident \$120/Senior \$160/Non-Resident

Location: CABIN **Class Code:** 141

TAI CHI - 8 FORM*

Tai Chi is a Chinese martial art that uses slow, deliberate movements to benefit health and balance. The particular form we will be studying in this session is called the "8 Form" because it uses eight tai chi movements. Our instructor is an International Gold Medalist and Hall of Fame Tai Chi Practitioner.

Instructor: Morris Siegel, RN,MA,C.H

Monday Evenings 6:15 pm - 7:15 pm

July 9th - September 24th (10 weeks)

Fee: \$75/Resident \$60/Senior \$80/Non-Resident

Location: CABIN **Class Code:** 139

BODY BLAST

Body blast is a hybrid, total body, calorie torching workout plan. Different workouts each time. This program is designed to keep you engaged, entertained, and most importantly **GET YOU RESULTS!!** Every class is made with exercises for ALL ages, activity levels, and ability levels.

Instructor: Tavener Miller

Wednesday Evening 7:15 pm - 8:00 pm

July 11th - September 19th (11 weeks)

\$80/Resident

\$85/Non-Resident

Location: COM CTR

Class Code: 157

TRX IN THE PARK

The sun is shining, the air is warm and it's time to enjoy the weather without missing your workout. Using TRX bands & your body weight join this small class in the park!

Instructor: Tavener Miller

Thursday Evenings 5:00 pm - 5:45 pm

July 12th - September 27th (12 weeks total)

\$195/Residents

\$200/Non-Residents

Location: CABIN/HOFF PARK

Class Code: 157

CORE AND MORE

This class will have you flexing your muscles, planking, crunching, squatting and performing functional fitness patterns to have you looking and feeling fit and fabulous. Join us to train your body to perform at its best for daily activities. You will need to bring hand weights (3 or 5 pounds), a mat, bottled water, lots of energy and an open mind to learning different ways of getting in the best shape possible. *6 or 12 week sessions available. See Registration Form*

Instructor: Dee Cavaliere

Tues. and/or Thurs. 6:30 pm - 7:15 pm

July 10th - September 27th (12 weeks total)

1 Class / Week: (12 classes total)

\$60/Resident

\$65/Non-Resident

2 Classes / Week: (24 classes total)

\$120/Resident

\$130/Non-Resident

Location: COM CTR

Class Code: 145

LOW IMPACT CIRCUIT TRAINING

Are you a beginner to intermediate level exerciser looking to increase muscle tone, endurance, & flexibility? This is the class for you! Low impact, circuit style class utilizes light dumbbells, bands & body weight exercises to focus on weight bearing activity while keeping the workout low impact.

Instructor: Blake Kondras

Tues. and/or Thurs. 10:00 am - 11:00 am **Mini Session**

Sept. 4th - Sept. 27th (4 weeks)

1 Class / Week: (4 classes total)

\$25/Resident

\$30/Non-Resident

2 Classes / Week: (8 classes total)

\$50/Resident

\$60/Non-Resident

Location: CABIN

Class Code: 156

Adult Education

RESUME WORKSHOPS

Are you ready to move on to a new job or take on greater responsibilities in your current job? The best way to make a great first impression on a prospective employer is to have a solid resume that stands out from the rest while showing that you're capable of organizing information in a relevant and understandable way. This workshop will provide assistance with resume building so that you compile an impressive and accurate resume that best represents you.

Instructor: Dr. Trisha Egbert, Writing & Rhetoric Professor

Wed. July 9th -OR- Wed. July 23rd

Time: 7:30 - 8:30 pm

\$45/Resident

\$50/Non-Resident

Location: CABIN

Class Code: 148

VEGAN COOKING

Come join us as we bust the myth that vegan cooking is tasteless and boring! Learn to create well-balanced, nutritious, and delicious vegan recipes. You'll get to taste the food and receive not only a cooking lesson but also nutrition and healthy eating information and tips.

Instructor: Patrice Leonetti

NEW NIGHT!

Mondays 7:15 pm - 9:00 pm

June 25th - July 23rd (4 weeks)

\$85/Resident

\$90/Non-Resident

Location: COM CTR

Class Code: 140

BEGINNING GUITAR

Beginning Guitar is a course designed to acquaint individuals with basic guitar techniques. We will cover subjects like the playing of single note melodies, chordal accompaniment & simple solo guitar concepts. Emphasis will be placed on playing songs rather than music theory & technical exercises. Students will need to bring "Mastering the Guitar 1A" by Mel Bay Publishers and a Guitar.

Instructor: James Schneider

Thursday Evenings 6:30 pm - 8:00 pm

July 12th - August 30th (8 weeks)

\$85/Resident

\$90/Non-Resident

Location: CABIN

Class Code: 143

SENIOR PROGRAMS

COMMUNITY TABLE

A Community Table is a long table where people come for lunch, sit together, order from the regular menu, pay their own bill and socialize with new and old friends. Our group will meet at the Community Table anytime between 11:30 and 1:30 pm at the following Haddon Heights restaurants. Please join us!

JUNE

1st Tues, June 5 - Kunkel's

2nd Tues, June 12 - Village Cheese

3rd Tues, June 19 - Station House

4th Tues, June 26 - Anthony's

JULY

1st Tues, July 3 - Kunkel's

2nd Tues, July 10 - Village Cheese

3rd Tues, July 17 - Station House

4th Tues, July 24 - Anthony's

5th Tues, July 31 - Sal's Pizzeria (*Located on Kings Hwy at 9th*)

AUGUST

1st Tues, August 7 - Kunkel's

2nd Tues, August 14 - Village Cheese

3rd Tues, August 21 - Station House

4th Tues, August 28 - Anthony's

SEPTEMBER

1st Tues, September 4 - Kunkel's

2nd Tues, September 11 - Village Cheese

3rd Tues, September 18 - Station House

4th Tues, September 25 - Anthony's

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ALL SENIOR CLUBS MEET IN THE COMMUNITY CENTER SENIOR ROOM

BRIDGE CLUB

All Seniors are welcome to join the already thriving Bridge Club. Enjoy good company and a fun game!

Meets: 2nd & 4th Tuesday of the Month

Time: 12:30 pm - 3:00 pm

HAND & FOOT GAME CLUB

Meets: 1st & 3rd Tuesday of the Month

Time: 1:00 pm - 3:00 pm

PINOCHLE CLUB

Meets: Every Thursday

Time: 1:00 pm - 3:00 pm

MAHJONGG

A game of Chinese origin, played by four people, in which tiles bearing various designs are drawn & discarded until one player has an entire hand of winning combinations. All experienced players are welcome!

Meets: Every Friday

Time: 12:30 pm - 2:30pm