



REFIT® is a life-changing group fitness experience that rocks your body, heart, and soul with powerful moves and positive music, to inspire you from the inside out. Powered by human connections, we turn boring, have-to workouts into a can't-miss community fitness experience! REFIT classes propel students to their best selves through dance, toning, balance and flexibility. Our easy-to-follow formula is perfect for both beginners and fitness enthusiasts, with workouts designed for everybody and every body—regardless of age, shape, size or ability.

WINTER SESSION 2018

January 9th - March 13th (10 weeks)

Tuesdays Mornings : 11:30 am - 12:30 pm

Instructor: Amber Gager

Location: The Community Center, 321 Seventh Avenue

Fee: \$55/Resident \$60/Non-Resident

Register for REFIT ®

Name: _____

Address: _____

Town, State, Zip: _____

Email: _____ Phone #: _____

Email and Phone # are used for notification purposes in the case of class changes, cancellations, etc.

WINTER 2018 - REFIT - Class Code: 142

Please make check payable to:

Borough of Haddon Heights
625 Station Avenue
Haddon Heights, NJ 08035
Attn: Programs

Questions? 856-546-2585 or programcoordinator@haddonhts.com